

**Name of the Capacity Building Programme:** National Curriculum Framework Foundational Stage- One Day

**Date:** 7th September, 2024

**Venue:** RMB DAV Centenary Public School, Musapur Road, Nawanshahr (SBS Nagar)

### Brief Report

A one-day CBSE Capacity Building Programme on the National Curriculum Framework - Foundational Stage was organized at RMB DAV Centenary Public School, Nawanshahr, on 7th September, 2024, under the aegis of the CBSE Centre of Excellence, Chandigarh. The resource persons for the day-long workshop were Dr. Gurmeet Gill, Principal, Dasmesh Nursery School, Mukerian and Ms. Harleen, Headmistress, Cambridge Innovative School, Urban Estate Phase-2, Jalandhar. With their vibrant energy, they sought to empower teachers with the latest tools and strategies and equip foundation educators with the scope and expanse of competencies necessary for holistic development.

Around 51 participants from various schools in the district of SBS Nagar, including Mr. Amit Kausal, CBSE District Training Coordinator, Nawanshahr, attended the CBP. The workshop commenced with the auspicious lighting of the lamp, seeking the blessings of the Almighty, followed by a welcome address by the Principal, Sh. R. K. Verma, who welcomed the resource persons.

The workshop aimed to provide educators with time-sensitive and cost-effective activity-based practices that can be easily integrated into their classrooms. The workshop was lively and engaging, highlighting the value of activity-based learning, especially in early school. It explored the concept of "Panchakosha Vikas," which highlights the five stages of a child's development, including physical, emotional, intellectual, social, and spiritual phases of growth. The program highlighted how educational activities should align with these developmental phases and offered insightful information on how to foster competencies through interesting activities like problem-solving, critical thinking, creativity, and social interaction.

All participants actively participated in the practical exercises including Paper Crush Ball, Pocket Train, Packet Walls, My Learning Train, Circle Time, Chunky Monkey strategy, Sound and symbol train, Clap activity Twist the fairy tales and rhymes in today's context. Overall, the workshop was an enriching experience for all attendees.



